



www.dancer-strong.com
Fall 2025/Spring 2026 Class Schedule
AUGUST 18, 2025 - MAY 31, 2026

214-491-6141
192 Industrial Blvd Suite 103
McKinney, TX 75069

SCHEDULE SUBJECT TO CHANGE

Time	Monday				Tuesday				Wednesday			
	Studio 1	Studio 2	Studio3	Studio 4	Studio 1	Studio 2	Studio3	Studio 4	Studio 1	Studio 2	Studio3	Studio 4
9:00 AM												
9:15 AM												
9:30 AM												
9:45 AM												
10:00 AM												
10:15 AM												
10:30 AM												
10:45 AM												
11:00 AM												
11:15 AM												
11:30 AM												
11:45 AM												
12:00 PM												
12:30 PM												
1:00 PM												
1:30 PM												
2:00 PM												
2:15 PM												
2:30 PM												
2:45 PM												
3:00 PM												
3:15 PM												
3:30 PM												
3:45 PM												
4:00 PM												
4:15 PM												
4:30 PM	CREATIVE MOVEMENT 4:30-5:00	BALLET 1A 4:30-5:30 MB	BALLET 1B 4:30-5:30 CM									
4:45 PM						PRIMARY JAZZ 4:45-5:30 KS		MUSICAL THEATER 2/3 4:45-5:30 JM		BALLET 1A 4:30-5:30 CM	BALLET 1B 4:30-5:30 CS	COMPANY REHEARSAL 4:30-6:00 SH
5:00 PM	PRE-DANCE COMBO 5:00-6:00 CB				CREATIVE MOVEMENT 5:00-5:30							
5:15 PM		MUSICAL THEATER 3/4/5 5:30-6:15 SH	TAP 1 5:30-6:15 CM	ACRO 2 5:15-6:00 SC	PRE-DANCE COMBO 5:30-6:30 CB	PRIMARY BALLET 5:30-6:15 KS	TAP 2 5:30-6:15 JM	TAP 3 5:30-6:15 CM		JAZZ 1 5:30-6:15 CM		
5:45 PM												
6:00 PM												
6:15 PM	HIP HOP 2 6:15-7:00 SH			JAZZERCISE 6:00-7:00						MUSICAL THEATER AGES 12+ 6:15-7:00 SH	BALLET 5 5:30-7:00 CS	JAZZERCISE 6:00-7:00
6:30 PM						BALLET 3 6:15-7:30 CS	BALLET 2 6:15-7:30 CM					
6:45 PM		BALLET 3/4/5 AND POINTE 6:15-8:00 MB										
7:00 PM			ADULT TAP 7:00-8:00 CM	CONTEMP 2 7:00-7:45 SH				ADULT MUSICAL THEATER 7:00-8:00 SH		TEEN BEGINNER TAP 7:00-7:45		COMPANY REHEARSALS 7:00-8:30
7:15 PM						POINTE 1 7:30-8:00 CS	PRE-POINTE 7:30-8:00 CM					
7:30 PM												
7:45 PM												
8:00 PM												
8:15 PM		ADULT BALLET 8:00-9:00 MB		JAZZ 3/4/5 8:00-9:00 SH				ADULT CONTEMP 8:00-9:00 SH				
8:30 PM												
8:45 PM												
9:00 PM												
9:15 PM												
9:30 PM												
9:45 PM												
10:00 PM												

Description	Minimum Age	Description	Minimum Age	Description	Minimum Age
Creative Movement	2 - 3 years	Level 1	7 years and up	Level 4	13 years and up
Pre-Dance	3 - 4 years	Level 2	10 years and up	Adult	18 years and up
Primary	5 years and up	Level 3	13 years and up		
(P) - PRODUCTION CLASS		(T) - TECHNIQUE CLASS		(S) - SPECIALTY CLASS	
(A) - ACADEMY AT DS CLASSES - MAY INCLUDE ADD'L SUPPLY FEES				(C) - COMPANY REHEARSAL	



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SCHEDULE SUBJECT TO CHANGE

Time	Thursday				Friday				Saturday			
	Studio 1	Studio 2	Studio3	Studio 4	Studio 1	Studio 2	Studio3	Studio 4	Studio 1	Studio 2	Studio3	Studio 4
9:00 AM									CREATIVE MOVEMENT 9:00-9:30	TEEN/SR COMPANY TC	JUNIOR COMPANY TC	JAZZERCISE
9:15 AM												
9:30 AM									PRE-DANCE COMBO 9:30-10:30 CB			
9:45 AM												
10:00 AM												
10:15 AM												
10:30 AM									PRIMARY COMBO 10:30-11:30 CB	COMPANY REHEARSAL	COMPANY REHEARSAL	COMPANY REHEARSAL
10:45 AM												
11:00 AM												
11:15 AM												
11:30 AM										COMPANY REHEARSAL	COMPANY REHEARSAL	COMPANY REHEARSAL
11:45 AM												
12:00 PM												
12:30 PM												
1:00 PM												
1:30 PM												
2:00 PM												
2:15 PM												
2:30 PM												
2:45 PM												
3:00 PM												
3:15 PM												
3:30 PM												
3:45 PM												
4:00 PM												
4:15 PM												
4:30 PM	CREATIVE MOVEMENT 4:30-5:00	LYRICAL 1 4:30-5:15 SH		PRIMARY ACRO 4:30-5:15 SC								
4:45 PM												
5:00 PM												
5:15 PM	PRE-DANCE COMBO 5:00-6:00 CB	JAZZ 2 5:15-6:00 SH	PRIMARY TAP 5:15-6:00 CM	ACRO 1 5:15-6:00 SC								
5:30 PM												
5:45 PM												
6:00 PM		HIP HOP 1 6:00-6:45 SH		ACRO 3/4/5 6:00-6:45 SC								
6:15 PM												
6:30 PM	BALLET 2 6:15-7:30 MB											
6:45 PM			BOLLYWOOD 1 6:45-7:30 SN	HIP HOP 3/4/5 6:45-7:30 SH								
7:00 PM												
7:15 PM		ADULT JAZZ 7:00-8:00 CM										
7:30 PM			BOLLYWOOD 2 7:30-8:15 SN	CONTEMP 3/4/5 7:30-8:30 SH								
7:45 PM												
8:00 PM												
8:15 PM		BOLLYWOOD 3+ & ADULTS 8:15-9:00 SN										
8:30 PM												
8:45 PM												
9:00 PM												
9:15 PM												
9:30 PM												
9:45 PM												
10:00 PM												

Hours/Week	Monthly Rate	Hours/Week	Monthly Rate		
30 Minutes	\$60	2.5 Hours	\$160		
45 Minutes	\$70	3 Hours	\$180		
1 Hour	\$80	3.5 Hours	\$200		
1.5 Hours	\$110	4 Hours	\$220		
2 Hours	\$140	4.5 Hours	\$240		
Each Addl 1/2 Hour	\$20	5 Hours	\$260		
		5.5 Hours	\$280		
		Unlimited Classes	\$300		